



Supported scaffolds consist of one or more platforms supported by outrigger beams, brackets, poles, legs, uprights, posts, frames or similar rigid support.

Guardrails or personal fall arrest systems for fall prevention/protection are required for workers on platforms more than 10 feet high.

Working platforms/decks must be planked close to the guardrails.

Planks are to be overlapped on a support at least 6 inches, but not more than 12 inches.

Legs, posts, frames, poles and uprights must be on base plates and mudsills or on a firm foundation. They must be plumb and braced.

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Scaffold user training must include:

- The hazards for the type of scaffold being used.
- Maximum intended load and capacity.
- Recognizing and reporting defects.
- Fall hazards.
- Electrical hazards, including overhead lines.
- Falling object hazards.
- Other hazards that may be encountered.

Adapted from OSHA Quick Card 3242-08-05, U.S. Department of Labor.



Cherie Berry
Commissioner of Labor

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919-807-2875 • 1-800-625-2267 • www.nclabor.com

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