

N.C. Department of Labor
Cherie Berry
Commissioner of Labor

Bureau of Education, Training and Technical Assistance

January 2009



Dear N.C. Employer/Employee:

The N.C. Department of Labor's Division of Occupational Safety and Health offers free general industry and construction industry courses to employers and employees across the state. This newsletter includes our schedule for individual topic, 4-hour construction, and 10- and 30-hour courses. The individual topic and the 4-hour construction courses will be held at the NCDOL field office training rooms located in Asheville, Charlotte, Raleigh and Winston-Salem. The 10- and 30-hour courses will be offered at various locations throughout the state as shown in the schedule below. We will send an updated e-newsletter every three to four months that lists the free courses scheduled throughout the state. Please note this newsletter may not accurately reflect all events scheduled. Please check our Web site for frequent updates.

Students can register online, get times and directions through the ETTA training calendar link on the NCDOL Web site at <http://www.nclabor.com/calendar.htm>.

Thank you and have a safe day.

JANUARY						
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Intro To OSH/Reading the CFR	Raleigh	1/7/09
Personal Protective Equipment	Raleigh	1/7/09
Recordkeeping Workshop	Raleigh	1/7/09
Intro To OSH / Reading the CFR	Charlotte	1/8/09
Personal Protective Equipment	Charlotte	1/8/09
Recordkeeping Workshop	Charlotte	1/8/09
Inspection Process	Web Training	1/9/09
Personal Protective Equipment	Web Training	1/16/09
Intro To OSH / Reading the CFR	Winston-Salem	1/21/09
Personal Protective Equipment	Winston-Salem	1/21/09
Recordkeeping Workshop	Winston-Salem	1/21/09
Recordkeeping	Web Training	1/23/09

Electrical Safety Safety	Raleigh	2/4/09
Fall Protection	Raleigh	2/4/09
Recordkeeping Workshop	Raleigh	2/4/09
Electrical Safety Safety	Web Training	2/6/09
Electrical Safety Safety	Winston-Salem	2/11/09
Fall Protection	Winston-Salem	2/11/09
Recordkeeping Workshop	Winston-Salem	2/11/09
Fall Protection	Web Training	2/13/09
Electrical Safety Safety	Asheville	2/18/09
Fall Protection	Asheville	2/18/09
Recordkeeping Workshop	Asheville	2/18/09
Hazard Communication	Web Training	2/20/09
Electrical Safety Safety	Charlotte	2/25/09
Fall Protection	Charlotte	2/25/09
Recordkeeping Workshop	Charlotte	2/25/09

FEBRUARY						
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Bloodborne Pathogens	Raleigh	3/4/09
Hazard Communication	Raleigh	3/4/09
Inspection Process	Raleigh	3/4/09
Multi-Employer Worksite	Raleigh	3/4/09
Bloodborne Pathogens	Web Training	3/6/09
Bloodborne Pathogens	Winston-Salem	3/11/09
Hazard Communication	Winston-Salem	3/11/09
Inspection Process	Winston-Salem	3/11/09
Multi-Employer Worksite	Winston-Salem	3/11/09
Respiratory Protection	Web Training	3/13/09
Bloodborne Pathogens	Charlotte	3/18/09
Hazard Communication	Charlotte	3/18/09
Inspection Process	Charlotte	3/18/09
Multi-Employer Worksite	Charlotte	3/18/09
Lockout / Tagout	Web Training	3/20/09

Lockout / Tagout	Raleigh	4/1/09
Machine Guarding	Raleigh	4/1/09
Trenching & Excavation	Raleigh	4/1/09
Walking Working Surfaces	Raleigh	4/1/09
Walking Working Surfaces	Web Training	4/3/09
Lockout / Tagout	Charlotte	4/8/09
Machine Guarding	Charlotte	4/8/09
Trenching & Excavation	Charlotte	4/8/09
Walking Working Surfaces	Charlotte	4/8/09
Lockout / Tagout	Winston-Salem	4/15/09
Machine Guarding	Winston-Salem	4/15/09
Trenching & Excavation	Winston-Salem	4/15/09
Walking Working Surfaces	Winston-Salem	4/15/09
Machine Guarding	Web Training	4/17/09
Hazard Communication	Asheville	4/22/09
Inspection Process	Asheville	4/22/09
Intro To OSH / Reading the CFR	Asheville	4/22/09
Multi-Employer Worksite	Asheville	4/22/09
Trenching & Excavation	Web Training	4/24/09

APRIL						
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Confined Space Entry	Raleigh	5/6/09
Electrical Safety	Raleigh	5/6/09
Fall Protection	Raleigh	5/6/09
Scaffolds	Raleigh	5/6/09
Noise Exposure	Web Training	5/8/09
Confined Space Entry	Winston-Salem	5/13/09
Electrical Safety	Winston-Salem	5/13/09
Fall Protection	Winston-Salem	5/13/09
Scaffolds	Winston-Salem	5/13/09
Fall Protection	Web Training	5/15/09
Confined Space Entry	Charlotte	5/20/09
Electrical Safety	Charlotte	5/20/09
Fall Protection	Charlotte	5/20/09
Scaffolds	Charlotte	5/20/09
Electrical Safety	Web Training	5/29/09

Asbestos Awareness	Raleigh	6/3/09
Bloodborne Pathogens	Raleigh	6/3/09
Personal Protective Equipment	Raleigh	6/3/09
Respiratory Protection	Raleigh	6/3/09
Confined Space Entry	Web Training	6/5/09
Asbestos Awareness	Winston-Salem	6/10/09
Bloodborne Pathogens	Winston-Salem	6/10/09
Personal Protective Equipment	Winston-Salem	6/10/09
Respiratory Protection	Winston-Salem	6/10/09
Asbestos Awareness	Charlotte	6/17/09
Bloodborne Pathogens	Charlotte	6/17/09
Personal Protective Equipment	Charlotte	6/17/09
Respiratory Protection	Charlotte	6/17/09
Scaffolds	Web Training	6/19/09
Asbestos Awareness	Asheville	6/24/09
Bloodborne Pathogens	Asheville	6/24/09
Personal Protective Equipment	Asheville	6/24/09
Respiratory Protection	Asheville	6/24/09
Personal Protective Equipment	Web Training	6/26/09

JUNE						
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JULY						
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Hand & Power Tools	Raleigh	7/1/09
Material Handling	Raleigh	7/1/09
Stairways & Ladders	Raleigh	7/1/09
Trenching & Excavation	Raleigh	7/1/09
Hand & Power Tools	Winston-Salem	7/8/09
Material Handling	Winston-Salem	7/8/09
Stairways & Ladders	Winston-Salem	7/8/09
Trenching & Excavation	Winston-Salem	7/8/09
Respiratory Protection	Web Training	7/10/09
Hand & Power Tools	Charlotte	7/15/09
Material Handling	Charlotte	7/15/09
Stairways & Ladders	Charlotte	7/15/09
Trenching & Excavation	Charlotte	7/15/09
Recordkeeping	Web Training	7/24/09
Bloodborne Pathogens	Web Training	7/31/09

Flammable & Combustible Liquids	Raleigh	8/5/09
Heat Stress	Raleigh	8/5/09
Noise Exposure	Raleigh	8/5/09
Office Ergonomics	Raleigh	8/5/09
Material Handling	Web Training	8/7/09
Flammable & Combustible Liquids	Winston-Salem	8/12/09
Heat Stress	Winston-Salem	8/12/09
Noise Exposure	Winston-Salem	8/12/09
Office Ergonomics	Winston-Salem	8/12/09
Hand & Power Tools	Web Training	8/14/09
Hand & Power Tools	Asheville	8/19/09
Material Handling	Asheville	8/19/09
Stairways & Ladders	Asheville	8/19/09
Trenching & Excavation	Asheville	8/19/09
Stairways & Ladders	Web Training	8/21/09
Flammable & Combustible Liquids	Charlotte	8/25/09
Heat Stress	Charlotte	8/25/09
Noise Exposure	Charlotte	8/25/09
Office Ergonomics	Charlotte	8/25/09

AUGUST						
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Bloodborne Pathogens	Raleigh	9/2/09
Hazard Communication	Raleigh	9/2/09
Intro To OSH / Reading the CFR	Raleigh	9/2/09
Lockout / Tagout	Raleigh	9/2/09
Trenching & Excavation	Web Training	9/4/09
Bloodborne Pathogens	Winston-Salem	9/9/09
Hazard Communication	Winston-Salem	9/9/09
Intro To OSH / Reading the CFR	Winston-Salem	9/9/09
Lockout / Tagout	Winston-Salem	9/9/09
Bloodborne Pathogens	Charlotte	9/16/09
Hazard Communication	Charlotte	9/16/09
Intro To OSH / Reading the CFR	Charlotte	9/16/09
Lockout / Tagout	Charlotte	9/16/09
Heat Stress	Web Training	9/18/09
Noise Exposure	Web Training	9/25/09



Online Registration

The Occupational Safety and Health Division's Bureau of Education, Training and Technical Assistance provides several opportunities for training events. We offer free online web training, individual topic workshops along with 10 and 30-hour awareness workshops for General Industry and Construction at our field offices; Charlotte, Asheville, Raleigh, and Winston-Salem.

10/30 hour courses.

To register for the 10 or 30 hour awareness workshop, click on "10/30 Hour Course" link. It will contain the registration information, course dates and agenda, along with directions to the course location. You will receive a confirmation e-mail within 7 days of registration.

If you need to cancel your registration, please e-mail training.request@nclabor.com so we can remove your name from the roster and allow others to register.

Individual courses.

To register, click on the "City" link where the course is being held. Complete the registration form and click the "submit" link. You will receive a reminder e-mail 24 - 36 hours prior to the course start date. If you need to cancel your registration, please e-mail training.request@nclabor.com so we can remove your name from the roster and allow others to register. The course title link provides a brief description of the course, course dates along with directions to the field offices.

Online web classes.

To register, click on the "Live Web Training" link next to the word "Registration". Complete the registration form and click the "submit" link. You will receive a reminder e-mail with logon information 24 - 36 hours prior to the course start date. The online classes are limited to the first 30 registrants so please do not register twice for the same class. If you need to cancel your registration, please e-mail dol.webtraining@nclabor.com so we can remove your name from the roster and allow others to register.

For all our training events, we are now sending e-certificates. When completing your registration form, please provide your name as you would like it to appear on your certificate.

"Did you know?" is a series of informational notes prepared by the Education, Training and Technical Assis-

Information About Courses Offered:

Please register for all courses at our online [CALENDAR](#).

For individual courses, please contact:

[Marcy Collyer](#) via e-mail or at (919) 807-2896.

For registration questions, please contact

[Dee Flaten](#) via e-mail or at (919) 807-2877.



MESH: *Total class hours equal MESH credit time earned.*

MESH: *Total class hours equal MESH credit time earned.*

For more information, please click [here](#).

For 10- and 30-hour courses, you must attend the entire course to receive a card, certificate and credit.

Visit [Education, Training and Technical Assistance Training Calendar](#) for more information. Information on the Web site is updated periodically.

Directions for each location are posted on the Web site and each link below will give you a specific map in MapQuest where you can type in your location: [Raleigh](#) [Charlotte](#) [Winston-Salem](#) [Asheville](#)

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